

Elemental iron content of oral iron preparations			
Iron salt	Formulation	Strength	Elemental iron content
Ferrous sulphate	tablet	200mg	65mg
	oral drops	125mg/ml	25mg/ml
Ferrous fumarate	tablet	210mg	68mg
	tablet	322mg	100mg*
	capsules	305mg	100mg*
	oral solution	140mg/5ml	45mg/5ml
Ferrous gluconate	tablet	300mg	35mg
Sodium feredetate	oral solution	190mg/5ml	27.5mg/5ml
<p><b>Note:</b> refer to the NHS GGC formulary at <a href="http://www.ggcmedicines.org.uk">www.ggcmedicines.org.uk</a> for preferred list choices</p> <p>*Preparations containing 100mg of elemental iron can cause significant side effects and use should be discouraged.</p>			