## **Diagnostic and Treatment Algorithm for IDA**



Abbreviations: Hb, haemoglobin; IDA, iron deficiency anaemia

\* Refer to British Society of Gastroenterology guideline for the management of IDA in adults for further information (available at <a href="http://www.bsg.org.uk">www.bsg.org.uk</a>)

<sup>1</sup> Hb should rise by at least 20g/L over 4 weeks.

<sup>2</sup> When Hb is in desired range, continue treatment for a further 3 months to replenish iron stores.

<sup>#</sup> Recurring anaemia (such as in elderly person) and further investigations are not indicated or appropriate, an iron-poor diet (e.g. vegans), malabsorption (e.g. coeliac disease), menorrhagia, had a gastrectomy.